SEC For	m 4 FORM	1.4				SECURITIE			ТСНА			ISSION				
	FURIN				. 20 0		gton, D.							OMB	APPRO	/AL
Section obligat	this box if no n 16. Form 4 ions may con tion 1(b).		STATEMENT OF CHANGES IN BENEFICIAL OWNER Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								Estim			: erage burder ponse:	3235-0287 1 0.5	
1. Name and Address of Reporting Person* <u>Yoran Amit</u>					2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [ TENB ]						(Ch	Relationship leck all appli X Directo	cable)	Reporting Person(s) to Issuer le) 10% Owner		
	Last) (First) (Middl C/O TENABLE HOLDINGS, INC. 100 MERRIWEATHER DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 05/14/2021							below)		ive title Other (specif below) nt, CEO and Chairman		
(Street) COLUMBIA MD			21044		4. If Amendment, Date of Original Filed (Month/Day/Year)					Lin	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person				ו	
(City)	(	(State)	(Zip)													
		Ta	ble I - No	on-Deriv	ative S	ecurities Aco	quired	, Dis	sposed o	f, or Bei	neficial	ly Owned	I			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye		Execution Date,	3. 4 Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		i (A) or : 3, 4 and !	or l and 5) Securities Beneficially Owned Follo Reported		Form:	Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)		ľ	(1150.4)
Common	Stock			05/14/	2021		М		20,000	A	\$4.25	5 273	3,073		D	
Common	Stock			05/14/	2021		<b>S</b> <sup>(1)</sup>		22,800	D	\$39.57	(2) 250	),273		D	
Common Stock				05/14/20			S <sup>(3)</sup>		12,576	D	\$39.6	(4) 480	480,871			By Trust <sup>(5)</sup>
Common Stock 0				05/18/	2021		<b>S</b> <sup>(1)</sup>		14,700	D	\$40.41	.(6) 235	5,573	D		
Common Stock 05/:				05/18/	2021		S <sup>(3)</sup>		9,924	D	\$40.34	470, <sup>9</sup>		Ι		By Trust <sup>(5)</sup>
Common Stock											36:	1,738		I	By Grantor Retained Annuity Trust <sup>(8)</sup>	
			Table II			curities Acqu IIs, warrants						v Owned			!	
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year)		n Date, T	ransactio ode (Inst	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	erivative ecurity derivative Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirec Beneficia Ownershi (Instr. 4)		

of (D) (Instr. 3, 4 and 5)

20,000

(A) (D)

v

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$38.96 - \$39.95, inclusive.

6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.87 - \$40.75, inclusive. 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.87 - \$40.71, inclusive.

Code

М

Date

Exercisable

(9)

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.00 - \$39.95, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (4), (6) and (7) to this Form 4.

Expiration Date

01/18/2027

Title

Common

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

3. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Trust.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.

9. 100% of the shares underlying the option were vested as of January 1, 2021.

8. The Trustee of the Amit Yoran GRAT A is Amit Yoran.

Employee Stock

\$4.25

Explanation of Responses:

05/14/2021

Option

(right to buy)

**Remarks:** 

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

/s/ David Bartholomew, Attorney-in-Fact \*\* Signature of Reporting Person

Amount Number

Shares

20,000

\$<mark>0</mark>

of

05/18/2021

D

Reported Transaction(s)

2,459,524

(Instr. 4)

Date

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.