FORM 4
UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person

Yoran Amit
C/O TENABLE HOLDINGS, INC.
6100 MERRIWEATHER DRIVE
COLUMBIA MD 21044

2. Issuer Name and Ticker or Trading Symbol

Tenable Holdings, Inc. [ TENB ]

3. Date of Earliest Transaction (Month/Day/Year)

05/14/2021

4. If Amendment, Date of Original Filed (Month/Day/Year)

05/18/2021

1. Title of Security (Instr. 3)

Common Stock

2. Transaction Date (Month/Day/Year)

05/14/2021

3. Transaction Code (Instr. 8)

M

4. Amount of Securities Acquired (A) or Disposed Of (D) (Instr. 3 and 4)

20,000

5. Relationship of Reporting Person(s) to Issuer

X Director

10% Owner

X Officer (give title below)

President, CEO and Chairman

6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)

D

7. Nature of Indirect Beneficial Ownership (Instr. 4)


Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>1. Title of Security (Instr. 3)</th>
<th>2. Transaction Date (Month/Day/Year)</th>
<th>3. Transaction Code (Instr. 8)</th>
<th>4. Amount of Securities Acquired (A) or Disposed Of (D) (Instr. 3 and 4)</th>
<th>5. Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>05/14/2021</td>
<td>M</td>
<td>20,000</td>
<td>$4.25</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/14/2021</td>
<td>s(1)</td>
<td>22,800</td>
<td>$39.57</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/14/2021</td>
<td>s(3)</td>
<td>12,576</td>
<td>$39.6</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/18/2021</td>
<td>s(1)</td>
<td>14,700</td>
<td>$40.41</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/18/2021</td>
<td>s(3)</td>
<td>9,924</td>
<td>$40.34</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/18/2021</td>
<td></td>
<td>20,000</td>
<td></td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>1. Title of Derivative Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security</th>
<th>3. Transaction Date (Month/Day/Year)</th>
<th>4. Transaction Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$4.25</td>
<td>05/14/2021</td>
<td>M</td>
<td>20,000</td>
<td>01/18/2027</td>
<td>Common Stock 20,000</td>
<td>$0</td>
<td>2,459,524</td>
<td>D</td>
<td></td>
</tr>
</tbody>
</table>

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $39.00 - $39.95, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (4), (6) and (7) to this Form 4.
3. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Trust.
4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $38.96 - $39.95, inclusive.
5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $39.87 - $40.71, inclusive.
7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $39.87 - $40.71, inclusive.
8. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
9. 100% of the shares underlying the option were vested as of January 1, 2021.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact
05/18/2021

** Signature of Reporting Person Date**