1. Name and Address of Reporting Person*
   Riddick Stephen A
   (Last)  (First)  (Middle)
   C/O TENABLE HOLDINGS, INC.
   7021 COLUMBIA GATEWAY DRIVE, SUITE 500
   COLUMBIA MD 21046

2. Issuer Name and Ticker or Trading Symbol
   Tenable Holdings, Inc. [ TENB ]

3. Date of Earliest Transaction (Month/Day/Year)
   08/03/2020

4. If Amendment, Date of Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer
   Director
   10% Owner
   Other (specify below)
   General Counsel & Secretary

6. Individual or Joint/Group Filing (Check Applicable Line)
   X Form filed by One Reporting Person
   Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security (Instr. 3)</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Transaction Code (Instr. 8)</th>
<th>Amount (A) or Disposition Of (D) (Instr. 3, 4 and 5)</th>
<th>Price</th>
<th>Nature of Disposition (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>08/03/2020</td>
<td>M</td>
<td>75,000</td>
<td>$4.15</td>
<td>83,736 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/03/2020</td>
<td>S(1)</td>
<td>75,000</td>
<td>$34.55</td>
<td>8,736 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/03/2020</td>
<td>M</td>
<td>2,420</td>
<td>$16.21</td>
<td>11,156 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/03/2020</td>
<td>S(1)</td>
<td>2,420</td>
<td>$34.01</td>
<td>8,736 D</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Transaction Code (Instr. 8)</th>
<th>Exercisable and Inexercisable Derivative Security (Instr. 3 and 4)</th>
<th>Date Exercisable (Month/Day/Year)</th>
<th>Expiration Date (Month/Day/Year)</th>
<th>Title of Security (Instr. 5)</th>
<th>Amount or Number of Shares (D)</th>
<th>Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$4.15</td>
<td>08/03/2020</td>
<td>M</td>
<td>75,000</td>
<td>05/31/2026</td>
<td>Common Stock</td>
<td>75,000</td>
<td>$0</td>
<td>0</td>
</tr>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$16.21</td>
<td>08/03/2020</td>
<td>M</td>
<td>2,420</td>
<td>06/21/2026</td>
<td>Common Stock</td>
<td>2,420</td>
<td>$0</td>
<td>113,742</td>
</tr>
</tbody>
</table>

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $34.43 - $34.89, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.
3. 100% of the shares underlying the option were vested as of May 31, 2020.
4. 25% of the shares underlying the option vest in equal monthly installments over the twelve-month period beginning on the second anniversary of June 21, 2018, and ending on the third anniversary, with the remainder vesting monthly over the twelve-month period thereafter, subject to the reporting person's continuous service with the Issuer as of each vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/\ David Bartholomew,
Attorney-in-Fact
08/05/2020

** Signature of Reporting Person  Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.