FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	D.C. 20549	
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

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obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Tosheff George Alex</u>					2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]											all applic	tor		10% Ov	vner	
	NABLE HC	irst) OLDINGS, INC. THER DRIVE	(Middle)			Date of Earliest Transaction (Month/Day/Year) /07/2023										Officer (give title below)		Other (sp below)			
,					4. If	f Ame	endmei	nt, Date	of C	Original F	Filed	(Month/Da	ay/Ye	ear)		ine)	vidual or S	Joint/Group	Filin	g (Check Ap	plicable
(Street)	BIA M	ID :	21044													X		iled by Mor		orting Perso n One Repo	
(City)	(S	tate)	(Zip)																		
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ad	qu	ıired, I	Dis	osed c	of, o	r Ber	neficia	ally	Owned	l			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Securiti Benefic Owned		es ally Following	Forn (D) o	n: Direct or Indirect I nstr. 4)	7. Nature of Indirect Beneficial Ownership		
										Code V		Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock			02/07	7/2023					M		6,000) A \$		\$7.	75	11,613		D			
Common Stock			02/07	07/2023					S ⁽¹⁾		6,000	D \$		\$42	.48	5,613		D			
		Т	able II -									sed of onverti					wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	Transaction Code (Instr.				Ex	Date Exe piration onth/Day	Date		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		l Security	De Se (Ir	Price of erivative ecurity istr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dar	te ercisable		xpiration ate	Title		Amoun or Numbe of Shares	r					
Stock Option (right to buy)	\$7.75	02/07/2023			M			6,000		(2)	0	9/19/2027		nmon ock	6,000		\$0	0		D	

Explanation of Responses:

- $1. \ The \ sales \ reported \ in \ this \ Form \ 4 \ were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan \ adopted \ by \ the \ Reporting \ Person.$
- 2. 100% of the shares underlying the option were vested as of September 19, 2020.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

** Signature of Reporting Person Date

02/09/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.