SEC Form 4										
FORM 4		UNITE	UNITED STATES SECURITIES AND EXCHANGE COM Washington, D.C. 20549					SION	OMB APPROVAL	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			Filed purs	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940				OMB Number Estimated av hours per res		3235-0287 len 0.5
1. Name and Address of Reporting Person <sup>*</sup> <u>Yoran Amit</u>				2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [ TENB ]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
	(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 03/15/2021				X Officer (give title Other (specify below) below) President, CEO and Chairman		
(Street) COLUMBIA	MD	21044	4. If	Amendment, Date of	f Original Filed	l (Month/Day/Year)	6. Indiv Line) X	,	ip Filing (Check A ne Reporting Pers ore than One Rep	son
(City)	(State)	(Zip) Table I - No		-		posed of, or Benefi	-			
Date			2. Transaction Date (Month/Day/Year	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership

v

v

Amount

1.097

20,000

35,600

1,900

22,100

400

Expiration Date

01/18/2027

Code

**A**<sup>(1)</sup>

м

**S**<sup>(2)</sup>

s<sup>(2)</sup>

s<sup>(2)</sup>

**S**<sup>(2)</sup>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Date

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.87 - \$40.86, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set

Exercisable

(8)

6. Date Exercisable and

Expiration Date

(Month/Day/Year)

5. Number

Derivative

Securities

Acquired

Disposed of (D) (Instr 3, 4 and 5)

20,000

(A) or

(A) (D)

03/01/2021

03/15/2021

03/15/2021

03/15/2021

03/15/2021

03/15/2021

Transaction Code (Instr.

٧

1. These shares were acquired under the Issuer's Employee Stock Purchase Plan in transactions that were exempt under both Rule 16b-3(d) and Rule 16b-3(c).

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$40.87 - \$41.00, inclusive. 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.98 - \$40.96, inclusive.

7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$41.00 - \$41.07, inclusive.

Code

Μ

8)

Execution Date, if any 3A. Deemed

(Month/Dav/Year)

2. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

Common Stock

Common Stock

Common Stock

Common Stock

Common Stock

Common Stock

Conversion

or Exercise Price of

Derivative

\$4.25

forth in footnotes (3), (4), (5) and (7) to this Form 4.

Explanation of Responses:

Security

3. Transaction

(Month/Dav/Year)

03/15/2021

Date

1. Title of

Derivative

Security (Instr. 3)

Employee Stock

Option

(right to buy)

> /s/ David Bartholomew, Attorney-in-Fact

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

6. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.

8. 100% of the shares underlying the option were vested as of January 1, 2021.

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.



Date

Reported

(A) or (D)

A

Α

D

D

D

D

7. Title and Amount

Underlying Derivative Security (Instr. 3 and 4)

Amount Number

Shares

20,000

of Securities

Title

Commor

Stock

Price

\$19.36

\$4.25

\$40.51(3)

**\$40.93**<sup>(4)</sup>

\$40.52(5)

\$41.04(7)

Transaction(s) (Instr. 3 and 4)

649,811

669.811

634,211

632,311

516.347

515,947

9. Number of

derivative

Securities

Following

Reported Transaction(s) (Instr. 4)

2,499,524

Owned

Beneficially

8. Price of

Derivative

\$<mark>0</mark>

Security (Instr. 5)

(Instr. 4)

Bv

Trust<sup>(6)</sup> By

Trust<sup>(6)</sup>

11. Nature

of Indirect

Beneficial Ownership

(Instr. 4)

D D

D

D

T

I

10.

Form:

Ownership

Direct (D)

or Indirect (I) (Instr. 4)

D