FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL												
	OMB Number:		3235-02	287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Estimated average burden 0.5 hours per response: Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Vintz Stephen A  (Last) (First) (Middle)  C/O TENABLE HOLDINGS, INC.  7021 COLUMBIA GATEWAY DRIVE, SUITE 500					3. D	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [ TENB ]  3. Date of Earliest Transaction (Month/Day/Year) 11/20/2020								Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director					
(Street) COLUM (City)			21046 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Indi Line) X	Form f	ridual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				action	ction 2A. Deemed Execution Date,		Code (Instr. 5)		red (A)	or	5. Amou Securiti Benefici	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect	7. Nature of Indirect Beneficial Ownership				
				(W		world in Day, Tear)		Code	v	Amount	(A) or (D)		ce	Reporte Transac (Instr. 3	d tion(s)	(I) (Instr. 4)		(Instr. 4)	
Common Stock 11/20/2 Common Stock 11/20/2							M S <sup>(2)</sup>				_	\$0 <sup>(1)</sup>	1	56,643 52,438		D D			
1. Title of	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security  Conversion or Exercise Price of Derivative Security  3. Transaction Date Execution I (Month/Day/Year)  (Month/Day/Year)  (Month/Day		Date,	ate, Transaction Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		S (1	Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
				Cod	Code	v	(A)	(D)	Date Exercisal:		Expiration Date	Title	Amo or Num of Shar	ber					
Restricted Stock Units	(1)	11/20/2020			M			8,544	(3)		(3)	Common Stock	8,5	44	\$0	76,897	7	D	

- $1.\ Each\ restricted\ stock\ unit\ ("RSU")\ represents\ a\ contingent\ right\ to\ receive\ one\ share\ of\ Issuer\ common\ stock.$
- 2. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 3. On February 20, 2020, 25% of the shares underlying the RSUs granted on February 20, 2019 vested, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to acceleration in specified circumstances.

## Remarks:

/s/ David Bartholomew, 11/24/2020 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.