SEC Form 4															
FO	RM 4	UNITE	D STAT		OMB APPROVAL										
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).				pursua	F CHANGE	of the S	Securit	ies Exchange	Act of 19		Estin	Number: nated average burg s per response:	3235-0287 den 0.5		
transaction was contract, instr the purchase securities of the intended to sa	x to indicate that a as made pursuant to a uction or written plan f or sale of equity he issuer that is tisfy the affirmative itions of Rule 10b5-1(o n 10.	or													
1. Name and Address of Reporting Person [*] <u>Vintz Stephen A</u>				2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]							k all applicable) Director	10% Owner			
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 11/18/2024							Officer (give title Other (specify below) Chief Financial Officer				
				4. If An	nendment, Date of	Original	I Filed	(Month/Day/Y		6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) COLUMBIA	MD	21044							V	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)									1 013011				
		Table I - No	n-Derivat	ive S	ecurities Acq	uired,	Dis	posed of,	or Ben	eficially	Owned				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Ye		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stoc	k		11/18/2	024		М		5,844	A	\$ <mark>0</mark>	284,337	D			
Common Stoc	k		11/19/2	024		S ⁽¹⁾		2.801	D	\$40.72	281 536	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(2)	11/18/2024		М			5,844	(3)	(3)	Common Stock	5,844	\$ <u>0</u>	5,844	D	

Explanation of Responses:

1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.

2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

3. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

11/20/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.