1. Name and Address of Reporting Person
Yoran Amit
C/O TENABLE HOLDINGS, INC.
6100 MERRIWEATHER DRIVE
COLUMBIA MD 21044

2. Issuer Name and Ticker or Trading Symbol
Tenable Holdings, Inc. [ TENB ]

3. Date of Earliest Transaction (Month/Day/Year)
08/16/2021

4. If Amendment, Date of Original Filed (Month/Day/Year)
08/16/2021

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
X Director 10% Owner
X Officer (give title below) President, CEO and Chairman

6. Individual or Joint/Group Filing (Check Applicable Line)
Form filed by One Reporting Person
Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>1. Title of Security (Instr. 3)</th>
<th>2. Transaction Date (Month/Day/Year)</th>
<th>2A. Deemed Execution Date, if any (Month/Day/Year)</th>
<th>3. Transaction Code (Instr. 8)</th>
<th>4. Securities Acquired (A) or Disposed Of (D) (Instr. 3 and 4)</th>
<th>5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>7. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td>M</td>
<td>20,000 A</td>
<td>236,009 D</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td>s(1)</td>
<td>35,998 D</td>
<td>200,011 D</td>
<td>D</td>
<td>By Trust(5)</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td>s(1)</td>
<td>1,502 D</td>
<td>198,509 D</td>
<td>D</td>
<td>By Trust(5)</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td>s(1)</td>
<td>21,414 D</td>
<td>404,533 I</td>
<td>I</td>
<td>By Grantor Retained Annuity Trust(3)</td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td>s(1)</td>
<td>1,086 D</td>
<td>404,447 I</td>
<td>I</td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>08/16/2021</td>
<td></td>
<td></td>
<td>361,738 I</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>1. Title of Derivative Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security</th>
<th>3. Transaction Date (Month/Day/Year)</th>
<th>3A. Deemed Execution Date, if any (Month/Day/Year)</th>
<th>4. Transaction Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>7. Title and Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$4.25</td>
<td>08/16/2021</td>
<td></td>
<td>M</td>
<td>20,000 (A)</td>
<td>01/18/2027</td>
<td>Common Stock 20,000 90 2,899,524 D</td>
<td>D</td>
<td>By grantor Retained Annuity Trust(3)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Explanation of Responses:
1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $41.27 - $42.26, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3), (4), and (6) to this Form 4.
3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $42.27 - $42.50, inclusive.
4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $41.25 - $42.17, inclusive.
5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $42.25 - $42.50, inclusive.
7. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
8. 100% of the shares underlying the option were vested as of January 1, 2021.

Remarks:
/a/ David Bartholomew,
Attorney-in-Fact
08/18/2021

** Signature of Reporting Person Date **