FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| vvasinigton, | D.O. | 20040 | |
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| Check this box if no longer subject to | |
|--|--|
| Section 16. Form 4 or Form 5 | |
| obligations may continue. See | |
| | |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | |
| Estimated average burden | | | | | | | |
| hours per response | 0.5 | | | | | | |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Vintz Stephen A (Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. | | | 3. E | Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 11/17/2022 | | | | | | | | (Che | Director Officer below) | rector ficer (give title | | 10% Ov Other (s below) | 10% Owner Other (specify below) | | |
|--|--|--|---|---|---|--|-----------------------------------|--------|--|--|--------------------|----------------------------------|---|---|---|---|---|--|--|
| 6100 ME (Street) COLUM | ERRIWEAT | THER DRIVE | 21044 | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | Line |) K Form f Form f | dual or Joint/Group Filing (Check App Form filed by One Reporting Person Form filed by More than One Report Person | | | n | | |
| (City) | (5 | • | (Zip) | n Doris | , otivo | | iti | | auirad | Dia | nacada | of or | Pana | ficial | h. Owner | | | | |
| 1. Title of Security (Instr. 3) | | 2. Trans Date | ransaction : | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. | | 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | | (A) or | 5. Amou Securiti Benefic | int of es ially Following | Form (D) or | r Indirect rstr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | Code | v | Amount | (/ | A) or D) | Price | Transac (Instr. 3 | ction(s) | | | (111501.4) |
| Common Stock | | | 11/17 | 7/2022 | | | | М | | 5,843 | 3 A | | \$ <mark>0</mark> | 157,091 | | D | | | |
| Common Stock 11/1 | | | 11/18 | 3/2022 | /2022 | | S ⁽¹⁾ | | 2,758 D \$ | | \$38.6 | 154,333 | | | D | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deems Execution if any (Month/Da | Date, | | Transaction Code (Instr. | | n of E | | 5. Date Exercisal Expiration Date Month/Day/Year | | Amou Secur Under Deriva | 7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | ly | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | or Nu of | umber | | | | | |
| Restricted Stock Units | (2) | 11/17/2022 | | | M | | | 5,843 | (3) | | (3) | Comn | | 5,843 | \$0 | 52,596 | 5 | D | |

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 3. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact 11/21/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.