FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasimigton,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average burden								
- 1	L	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Yoran Amit				<u>Te</u>	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]								heck all appli X Directo	cable) or (give title	10% O		vner	
C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 06/14/2021 4. If Amendment, Date of Original Filed (Month/Day/Year)								Presi	Chairma			
(Street)	BIA M	ĪD	21044		- 4.1	II AIII	enume	ni, Date C	or Origina	ıı Filet	u (Montii/Da	y/ rear)	Lir	ie) X Form f	orm filed by One Reporting Person From filed by More than One Reportson			n
(City)	(S		(Zip)															
1 Title of 6	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature																	
I. The or c	security (ills)	u. 3)		Date	e		Execution Date, if any (Month/Day/Year)		Transaction D Code (Instr.		Disposed Of (D) (Instr. 3, 4			5) Securiti Benefic	es ally Following	Form: Direct (D) or Indirect (I) (Instr. 4)	Direct Indirect str. 4)	of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)			(111311. 4)
Common	Stock			06/14	06/14/2021		21		M		20,000	A	\$4.2	5 27	1,009		D	
Common Stock			06/14	06/14/2021				S ⁽¹⁾		34,671	D	\$43.4	\$43.41(2) 236			D		
Common Stock			06/14	06/14/2021				S ⁽¹⁾		2,829	D	\$43.9	\$43.9 ⁽³⁾ 233			D		
Common Stock			06/14	06/14/2021				S ⁽¹⁾		22,431	D	\$43.44	\$43.44 ⁽⁴⁾ 448				By Trust ⁽⁵⁾	
Common Stock			06/14	14/2021				S ⁽¹⁾		69	D	\$43.9	\$43.93 448		3,447		By Trust ⁽⁵⁾	
Common Stock														36:	1,738		I	By Grantor Retained Annuity Trust ⁽⁶⁾
		-	Table II -								osed of,			/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	ed n Date,	4. Transa Code (8)	action	on of		6. Date Exercit Expiration Dat (Month/Day/Ye		sable and	7. Title an of Securit Underlyin Derivative (Instr. 3 a	d Amount ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owners Form: ly Direct or India (I) (Inst	Ownership	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$4.25	06/14/2021			М			20,000	(7)		01/18/2027	Common Stock	20,000	\$0	2,439,5	24	D	

- $1. \ The sales \ reported in this Form \ 4 were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan \ adopted \ by \ the \ Reporting \ Person.$
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.87 \$43.86, inclusive. The Reporting Person undertakes to provide to the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$43.87 \$43.93, inclusive.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.93 \$43.91, inclusive.
- 5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
- 6. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 7. 100% of the shares underlying the option were vested as of January 1, 2021.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

06/16/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.