FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					-																
Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Yoran Amit						remote from 55, me. [TEND]								X	X Director			10% Ov	vner		
												(give title		Other (s	pecify						
(Last)	(F	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year)								X	below)			below)			
C/O TEN	NABLE HO	LDINGS, INC.			01	/13/2	021								Presid	dent, CEO	O and	l Chairmai	1		
6100 MERRIWEATHER DRIVE																					
		- 4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable										
(Street)			II Amendment, Date of Original Filed (Month/Day/ feat)									Line)									
COLUM	BIA M	ID	21044											X	X Form filed by One Reporting Person				n		
					.										rting						
(City)	(9	tate)	(Zip)												Person	1					
(Oity)	(0	indic)	(Zip)																		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of S	Security (Ins	tr. 3)		2. Transa	ction						es Acquirec			5. Amou	es		6. Ownership	7. Nature of Indirect Beneficial			
				Date (Month/D	ay/Yea		Execution Date, if any (Month/Day/Year)		Transaction Di		Disposed	Disposed Of (D) (Instr. 3, 4 a				Securitie Benefici					
					-	. (8)						Owned F Reported	ollowing	(l) (ln		Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Troncoo		tion(s)		ľ	(111341.14)			
						+			+			+ ' '	-		 `	•					
Common Stock 01/					/2021				M		35,000	A	\$4	4.25	672	2,897	D				
Common Stock 01/1					/2021	2021			S ⁽¹⁾		29,650	D	\$53	3.39(2)	643	3,247		D			
Common Stock 01/13/					/2021	.021		S ⁽¹⁾		15,350	D	\$54	l.16 ⁽³⁾	627	7,897		D				
																		_ [:	By		
Common Stock															560),947			Trust ⁽⁴⁾		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
			iabie II -								osea ot, convertil				wnea						
1. Title of	2.	3. Transaction	3A. Deem	\ \ \ \ \	4.				<i>.</i> .		sable and	7. Title an		_	3. Price of	9. Number	r of	10.	11. Nature		
Derivative		Date (Month/Day/Year)	Execution if any (Month/Da	n Date,	Transa			Expiration	on Da	e of Securities		ies		Derivative	derivative	e Ownersh	Ownership	p of Indirect			
Security (Instr. 3)					Code (8)	Instr.	str. Derivative Securities		(Month/I	Day/Y	ear)	Underlying Derivative Secu			Security Instr. 5)	Securities Beneficia	lly Di	Form: Direct (D)	Beneficial Ownership		
	Derivative Security	Derivative Security Acquired (A) or Disposed										(Instr. 3 ar	nd 4)	1		Owned Following			(Instr. 4)		
	Security															Reported		(1) (111341. 4)			
						of (D) (Instr. 3, 4 and 5)										Transaction(s) (Instr. 4)	on(s)				
													Amo	unt							
													or Num	hor							
						.,	 	,	Date		Expiration		of	.							
					Code	V	(A)	(D)	Exercisa	mie	Date	Title	Shar	es							
Employee Stock																					
Option	\$4.25	01/13/2021			M			35,000	(5)		01/18/2027	Common Stock	35,0	000	\$0	2,539,5	24	D			
(right to buy)																					

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$52.91 \$53.87, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2) and (3) to this Form 4.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$53.94 \$54.52, inclusive.
- 4. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
- 5. 25% of the shares underlying the option vested on January 1, 2018, with the remainder vesting in 12 equal quarterly installments thereafter, subject to the reporting person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances

Remarks:

/s/ David Bartholomew, 01/15/2021 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.