FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Vintz Stephen A</u>						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]							(Ct	eck all appli	cable) or		Ssuer Owner r (specify	
	NABLE HO	LDINGS, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/17/2022								helow)	Officer (give title below) Chief Financial Officer			
6100 MERRIWEATHER DRIVE (Street) COLUMBIA MD 21044 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	le I - No	n-Deriv	vative	e Se	curiti	ies Ac	auired.	Dis	posed o	of. or Be	neficia	lly Owned	d			
1. Title of Security (Instr. 3)			2. Trans	saction 2/ Ex/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		ed (A) or	5. Amou Securiti Benefici Owned	unt of ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)	
Common Stock 08/17/2				7/2022	022		М		5,843	3 A	\$0	145	5,000	D				
Common Stock 08/18/2					8/2022	2022		S ⁽¹⁾		2,812	2 D	\$42.2	23 142	2,188	D			
		Т										, or Ben ble sec		/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Execu (Month/Day/Year) if any	3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of E		Expiration	. Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersi Form: Direct (Dor Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisab		expiration Pate	Title	Amount or Number of Shares					
Restricted Stock	(2)	08/17/2022			M			5,843	(3)		(3)	Common Stock	5,843	\$0	58,439) D		

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 3. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances

Remarks:

/s/ David Bartholomew, 08/18/2022 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.