SEC For	m 4 FORM	4	JNITEI) STA	TES	S SI	ECU	RITIE	ES) E	ХСНА	NG	EC	омм	ISSION				
			Washington, D.C. 20549													OMB APPROVAL				
Section obligat	this box if no l n 16. Form 4 c ions may cont tion 1(b).	d purs	uant	to Sec	tion 16(a	a) of	f the Sec	curiti	NEFIC					verage burde	3235-0287 n 0.5					
1. Name and Address of Reporting Person [*] Vintz Stephen A							2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]										of Reportin cable) or · (give title	10% Own		
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 11/21/2022											below)	-	ief Financial Officer		
(Street) COLUMBIA MD 21044					4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Appling) Y Form filed by One Reporting Person											n			
(City)	(5	State)	(Zip)													Form f Persor		re thar	n One Repo	rting
		Tab	le I - Noi	n-Deriv	ative	e Se	curit	ies Ac	qu	ired, [Dis	posed o	of, oi	Ber	neficial	ly Owned	b			
Date					te onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		,	3. Transaction Code (Instr) 8)						Securitie Benefici	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										Code	v	Amount		A) or D)	Price	Transac (Instr. 3	tion(s)		ľ	(iii3ti. 4)
Common Stock 11/21					/2022					М		8,544	4	A	\$0	162	162,877		D	
Common Stock 11/21					/2022	2				М		8,818	3	Α	\$0	171	171,695		D	
Common Stock 11/22					/2022	2				S ⁽¹⁾		8,518		D	\$37.0	6 163	163,177		D	
		Т										osed of onverti				v Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transactior Code (Instr 8)				6. Date Exercisa Expiration Date (Month/Day/Yea				Amo Secu Unde Deriv	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration late	Title		Amount or Number of Shares					
Restricted Stock Units	(2)	11/21/2022			М			8,544		(3)		(3)	Com Sto		8,544	\$0	8,545	;	D	
Restricted Stock Units	(2)	11/21/2022			М			8,818		(4)	T	(4)	Com Sto		8,818	\$0	44,09	4	D	

Explanation of Responses:

1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.

2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

3. On February 20, 2020, 25% of the shares underlying the RSUs granted on February 20, 2019 vested, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to acceleration in specified circumstances.

4. 25% of the shares underlying the RSUs vested on February 19, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

<u>11/23/2022</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.