SEC For	m 4 FORM	4	JNITEI	D STA	TES	SE	CUI	RITIE	ES AN	DE	ХСНА	ANG	GE C	OMN	IISSIOI	J				
					Washington, D.C. 20549												OMB APPROVAL			
Check this box if no longer subject to Section 16, Form 4 or Form 5 obligations may continue. See Instruction 1(b).					Pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										Estimated average burden		3235-0287 n 0.5			
1. Name and Address of Reporting Person* <u>Thurmond Mark C.</u>					2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]										heck all app Direc	licable)	or 10% Ov (give title Other (s		wner	
	Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 5100 MERRIWEATHER DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 11/17/2022									Delo	,					
(Street) COLUMBIA MD 21044			21044		4. lf /	 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Clune) X Form filed by One Reporting Form filed by More than On Person 									orting Perso	'n				
(City)	(S	tate)	(Zip)																	
		Tab	le I - Noi	n-Deriva	ative	Sec	uritie	es Ac	quired,	Dis	posed	of, c	or Ber	neficia	lly Own	ed				
D				2. Transaction Date (Month/Day/Year)) EX	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securit Benefic Owned Reporte		Forr (D)	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price		action(s) 3 and 4)				
Common Stock				11/17/2022					М		4,561		Α	\$0		6,385		D		
Common Stock				11/18/2022					S ⁽¹⁾		1,996		D	\$38.	61	4,389		D		
Common Stock 11/				11/21/	21/2022				S ⁽²⁾		2,565		D	\$38.	49	1,824		D		
		T		Derivat (e.g., p											y Owned	I				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deem Execution if any (Month/Da	Date,	ransaction ode (Instr.		of E		Expiration	Date Exercisa xpiration Date Month/Day/Yea		Am Sec Unc Der	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4		8. Price o Derivativo Security (Instr. 5)		ive ies cially ng ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownershi (Instr. 4)	
					Code	v			Date Exercisat		xpiration late	Title		or Number of Shares						

Explanation of Responses:

(3)

1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.

(4)

(A) (D)

4,561

м

2. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

3. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

4. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

Restricted

Stock Units

/s/ David Bartholomew, Attorney-in-Fact

(4)

Common

Stock

4,561

\$<mark>0</mark>

41,049

11/21/2022

D

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

11/17/2022

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.