FORM 4

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Check this box if no longer subject	STATEMENT OF CHANGES IN BENEFICIAL	<b>OWNERSHIP</b>
to Section 16. Form 4 or Form 5		
obligations may continue. See		

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Thurmond Mark C.					2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [ TENB ]										k all app Direc	nship of Reportin I applicable) Director		10% Ov	vner
(Last)	(Fii	st) (M	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/25/2023								X	belov	er (give title v) Chief Oper	ating	Other (s below) Cofficer	specify	
6100 MERRIWEATHER DRIVE				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Chroat)													X	X Form filed by One Reporting Person				on	
	(Street) COLUMBIA MD 21044													Form filed by More than One Reporting Person				orting	
(City)	(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication													
					X Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Benefi	cially	/ Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					y/Year)   Executi		Deemed ution Date, / ith/Day/Year)		3. Transaction Code (Instr. 8)  4. Securities A Disposed Of (D 5)					4 and Securi Benefi Owned		ties cially Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) (D)	or Prie	ce Repo		action(s) 3 and 4)			(Instr. 4)
Common Stock 0			08/25/2	2023				s <sup>(1)</sup> 921		D	\$4	2.73	73 36,692			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	te Execution Date, if any (Month/Day/Year)   Execution Date, if any (Month/Day/Year)   Transaction   Of Code (Instr. Sec Acq (A) Distriction   Of Code (Instr. Sec Acq (Instr.			rities ired r osed ) : 3, 4	Expiration Date (Month/Day/Year) Amount Securities Underlyin Derivativ Security 3 and 4)				int of rities rlying ative rity (Inst 4)	Dei Sec (Ins	ivative curity ctr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amour or Number of Shares	er					

## **Explanation of Responses:**

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

## Remarks:

/s/ David Bartholomew, Attorney-in-Fact

08/29/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.