SEC For		_																	
	FORM	4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549														OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).				STATEMENT OF CHANGES IN BENEFICIAL OWNEI Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940													Numbe ated av		3235-0287
1. Name and Address of Reporting Person [*] <u>Riddick Stephen A</u>					2. 1	2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]									5. Relationship of Reporting Person((Check all applicable) Director			10% Ov	vner
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 08/19/2022									- X Officer (give title Other (specify below) below) General Counsel & Secretary				
(Street) COLUMBIA MD 21044					_ 4. I1	4. If Amendment, Date of Original Filed (Month/Day/Year) Line) X									,				
(City)	(S		(Zip)		ļ														
		Tab	le I - No	n-Deriv	ative	e Se	curit	ies Ac	quired	, Dis	posed	of, or B	enefi	cially	Owned	1			
				Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Code (Instr.				3, 4 and Securiti Benefic		es For ially (D) Following (I) (n: Direct r Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) (D)	or Pr	ce	Transact (Instr. 3	tion(s)			(
Common Stock				08/19	08/19/2022				М		3,968	8 A		\$ <mark>0</mark>	47	,793		D	
Common Stock				08/19	08/19/2022				S ⁽¹⁾		1,626		\$	42.02	2 46,167			D	
Common Stock				08/22	08/22/2022				S ⁽²⁾		1,93	5 E	\$	40.63	44	,232	32 D		
Common Stock				08/22	08/22/2022				М		2,99	1 A		\$0 47		7,223		D	
Common Stock (08/23	3/2022				S ⁽¹⁾		2,033	3 Г	\$	41.26	45,190		D		
Common Stock 08/23					3/2022	/2022					1,402		\$	41.72	2 43,788		D		
		1	fable II -	Deriva	tive	Sec	uritie	s Aco	juired,	Disp	osed of	, or Be	nefici	ally (Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	ed n Date,	4. Transa	ransaction ode (Instr.		n of		6. Date Exercisa Expiration Date (Month/Day/Yea		7. Title a Amount Securiti Underly Derivativ (Instr. 3	nd of es ng /e Secu	8	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					
Restricted Stock Units	(3)	08/19/2022		М				3,968			(4)	Common Stock	¹ 3,9	68	\$ 0	23,811		D	
Restricted Stock Units	(3)	08/22/2022			М			2,991	(5)		(5)	Common Stock	¹ 2,9	91	\$ 0	5,982		D	

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

2. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.

3. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

4. 25% of the shares underlying the RSUs vested on February 19, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

5. On February 20, 2020, 25% of the shares underlying the RSUs granted on February 20, 2019 vested, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to acceleration in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

** Signature of Reporting Person Date

08/23/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.