FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL					
OMB Number:	3235-0104				
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

State	te of Event Requir ment (Month/Day/ 8/2022		3. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [ TENB ]						
(Last) (First) (Middle)  C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE  (Street)  COLUMBIA MD 21044  (City) (State) (Zip)			Relationship of Reporting Person(s) to Iss (Check all applicable)     X Director     Officer (give title below)	uer 10% Owner Other (specify	6.1	ndividual or Joint/Gro	r Original Filed (Month/Day/Year)  up Filing (Check Applicable Line) One Reporting Person More than One Reporting Person		
Table I - Non-Derivative Securities Beneficially Owned									
1. Title of Security (Instr. 4)			2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise	5. Ownership Form: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security	(Instr. 5)			
Employee Stock Option (right to buy)	(1)	09/19/2027	Common Stock	6,000	7.75	D			

## Explanation of Responses

1. 100% of the shares underlying the option were vested as of September 19, 2020. This grant represents an option award granted for service on the Company's Executive Advisory Board.

## Remarks:

/s/ David Bartholomew, Attorney-in-Fact 09/29/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

POWER OF ATTORNEY

(For Executing Form ID and Forms 3, 4 and 5)

Know all by these presents, that the undersigned hereby constitutes and appoints each of Eric Jensen, Brian F. Leaf, Madison Jones, Ashele

- $\textit{Prepare, execute in the undersignedTMs name and on the undersignedTMs behalf, and submit to the Securities and Exchange Commission \\$ (1)
- Prepare, execute in the undersignedTMs name and on the undersignedTMs behalf, and submit to the SEC Forms 3, 4 and 5 (including ame (2)
- (3) Do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to prepare and execute any :
- (4) Take any other action of any type whatsoever in connection with the foregoing that, in the opinion of such attorney-in-fact, may be The undersigned hereby grants to each such attorney in fact full power and authority to do and perform any and every act and thing whatsoe This Power of Attorney shall remain in full force and effect until the earliest to occur of (a) the undersigned is no longer required to force and effect until the earliest to occur of (a) the undersigned is no longer required to force and effect until the earliest to occur of (a) the undersigned is no longer required to force and effect until the earliest to occur of (a) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is no longer required to force and effect until the earliest to occur of (b) the undersigned is not occur of (b) the undersigned is not occur of (b) the undersigned is not occur of (c) the undersigned is not occur occu IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the date written below.

Date: September 21, 2022

Signature: /s/ George Alexander Tosheff Name: George Alexander Tosheff