SEC For	m 4																			
FORM 4 UNITED S					ATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See						NT OF CHANGES IN BENEFICIAL OWNER ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											OMB Number: Estimated avera hours per respo			3235-0287
1. Name and Address of Reporting Person [*] <u>Yoran Amit</u>					2.	2. Issuer Name and Ticker or Trading Symbol											cable) or (give title	g Pers	10% Ov Other (s	ner
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 7021 COLUMBIA GATEWAY DRIVE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 05/13/2020										below)		below) ent, CEO and Chairman		ı
(Street) COLUMBIA MD 21046 (City) (State) (Zip)					4.	Line) X Form filed by											iled by One iled by Mor	t/Group Filing (Check Applicable by One Reporting Person by More than One Reporting		
		Tab	le I - Nor	ו-Deriv	ativ	e Se	curit	ties Ac	quirec	l, Di	isp	osed o	f, o	r Ben	eficial	y Owned				
1. Title of Security (Instr. 3) Date (Month/D						ear)	if any	emed tion Date, n/Day/Yea	Code	Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		l (A) or . 3, 4 and	Securitie Benefici Owned I	eficially ed Following		r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	1	Amount		(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 05/13/					/202	20						15,000	0	Α	A \$4.25		1,422,298		D	
Common Stock 05/13					/202	.0						14,902		D	\$28.1	⁽²⁾ 1,40	1,407,396		D	
Common Stock 05/13/					/202	.0						98		D	\$28.8	3 1,40	7,298	8 D		
		-	Fable II -									sed of, onvertik				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	d 4 Date, 1	ransaction code (Instr.		5. N of Deri Sec Acq (A) o Disp of (I	umber vative urities uired		Exerc on Da	cisa ate	able and 7. o' r) U D		7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Ily J	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able		opiration	Title		Amount or Number of Shares					
Employee Stock Option	\$4.25	05/13/2020			М			15,000	(3)		01	/18/2027		nmon	15,000	\$0	2,779,5	24	D	

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$27.83 - \$28.73, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.

3. 25% of the shares underlying the option vested on January 1, 2018, with the remainder vesting in 12 equal quarterly installments thereafter, subject to the reporting person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

(right to buy)

/s/ David Bartholomew,

Stock

05/14/2020

Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.