FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average bur	den								
- 1		0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Yoran Amit						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify))				
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 11/17/2022									X Officer (give title below) Other (specify below) President, CEO and Chairman					
(Street) COLUMBIA MD 21044				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)									ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St		(Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
, (,			2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			(A) or 3, 4 and	Benefici	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount		(A) or (D)	Price	Transac (Instr. 3	tion(s)			Instr. 4)	
Common	Stock			11/1	7/202	2			M		10,69	0	A	\$ <mark>0</mark>	141	1,640	D		
Common	Stock			11/1	8/202	2			S ⁽¹⁾		4,754	1	D	\$38.6	51 136	5,886	D		
Common Stock														350	0,270	I		By Grantor Retained Annuity Frust ⁽²⁾	
Common Stock															245	5,947	I	- 1	By Γrust ⁽³⁾
Common Stock														179	179,700			By Grantor Retained Annuity Frust ⁽⁴⁾	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, Transactify or Exercise (Month/Day/Year) if any Code (Ins					Expiratio	5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactie (Instr. 4)	Owners Form Direct or Inc. (I) (In Inc.)	t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	N C						
Restricted Stock Units	(5)	11/17/2022			M			10,690	(6)		(6)		nmon ock	0,690	\$0	96,210	0 1)	

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 3. The Trustees of the Amit Yoran 2020 Family Trust are Doy Yoran and David Redling.
- 4. The Trustee of the Amit Yoran GRAT B is Amit Yoran.
- 5. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 6.25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

11/21/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.