FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.	C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Vintz Stephen A					Ten	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									k all app Direc	licable) tor er (give title	ng Person(s) to I 10% C Other below)			
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 02/24/2023								Chief Financial Officer						
C/O TENABLE HOLDINGS, INC.																				
6100 MERRIWEATHER DRIVE						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street)						Substitution of the substi								Line)						
COLUM	BIA M	D 2	1044											X		filed by On filed by Mo		•		
															Perso		ne ma	п Опе кер	Orting	
(City)	(St	ate) (Z	Zip)																	
		Table	I - No	n-Deriva	ative S	Secui	rities	Acq	uired,	Dis	posed of	, or B	enefi	cially	/ Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (ADisposed Of (D) (Instr. 3, 5)			, 4 and Secur Bene Owne		ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount	(A) c (D)	Pri	ce	Report Transa (Instr. 3	ction(s)			(Instr. 4)				
Common Stock 02/24/2						023			S ⁽¹⁾		7,121	7,121 D		2.98	200,460		D			
Common Stock 02/27/2					2023				S ⁽¹⁾		3,373	D	\$4	197,0		07,087		D		
Common Stock 02/28/3					2023				S ⁽¹⁾		3,363		\$4	4.15	193,724		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	ion Da		7. Title and Amount of Securities Underlying Derivative Security (Insi 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Coo		v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares							

Explanation of Responses:

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

02/28/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.