FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vasimigton	, D.O.	20040	

D.C. 20549	OMB APPRO\

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL							
3235-0287							
Estimated average burden							
0.5							

1. Name and Address of Reporting Person* <u>Vintz Stephen A</u>					2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]						Relationship of eck all applic Directo	able)	g Pers	on(s) to Issu 10% Ow Other (s)	ner		
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 7021 COLUMBIA GATEWAY DRIVE, SUITE 500				0:	3. Date of Earliest Transaction (Month/Day/Year) 02/19/2020						helow)	hief Fina	ncial	below)	Jecny		
(Street) COLUMBIA MD 21046 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)					6. I	dividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				e	Execution Date,		Date,	Code (Instr.			Beneficia Owned F	s Form ally (D) collowing (I) (II		Direct Indirect Estr. 4)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(A) o	Price	Transacti	Reported Transaction(s) (Instr. 3 and 4)		1	Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	Execution Date,		Code (Instr.		e	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisab		Expiration Date	Title	Amount or Number of Shares		Transacti (Instr. 4)	on(s)		
Restricted Stock Units	(1)	02/19/2020		A		141,093		(2)		(2)	Common Stock	141,093	\$0.00	141,09	93	D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 2. 25% of the shares underlying the RSUs vest on February 19, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ Brian F. Leaf, Attorney-in-

Fact

** Signature of Reporting Person

Date

02/21/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.