1. Name and Address of Reporting Person*  
   
Riddick Stephen A  
   
(First) (Middle) (Last)  
C/O TENABLE HOLDINGS, INC.  
7021 COLUMBIA GATEWAY DRIVE, SUITE 500  
COLUMBIA MD 21046

2. Issuer Name and Ticker or Trading Symbol  
   
Tenable Holdings, Inc. [ TENB ]

3. Date of Earliest Transaction (Month/Day/Year)  
   
06/01/2020

4. If Amendment, Date of Original Filed (Month/Day/Year)  
   
06/01/2020

5. Relationship of Reporting Person(s) to Issuer  
   (check all applicable)  
   X Director  
   Other (specify below) General Counsel & Secretary

6. Individual or Joint/Group Filing (Check Applicable Line)  
   
X Form filed by One Reporting Person  
   Form filed by More than One Reporting Person  

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security (Instr. 3)</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Transaction Code (Instr. 4)</th>
<th>Deemed Execution Date, if any (Month/Day/Year)</th>
<th>Shares Acquired (A) or Disposed Of (D) (Instr. 5)</th>
<th>Securities Acquired (A) or Disposed Of (D) (Instr. 5)</th>
<th>Securities Disposed Of (D) (Instr. 5)</th>
<th>Direct (D) (Instr. 7)</th>
<th>Indirect (I) (Instr. 7)</th>
<th>Ownership Form: Direct (D) or Indirect (I) (Instr. 8)</th>
<th>Ownership Form: Direct (D) or Indirect (I) (Instr. 8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>06/01/2020</td>
<td>M</td>
<td>50,000</td>
<td>A</td>
<td>$5.96</td>
<td>58,736</td>
<td>D</td>
<td>X</td>
<td>D</td>
<td>X</td>
</tr>
<tr>
<td>Common Stock</td>
<td>06/01/2020</td>
<td>s(1)</td>
<td>50,000</td>
<td>D</td>
<td>$31.5</td>
<td>8,736</td>
<td>D</td>
<td>X</td>
<td>D</td>
<td>X</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Deemed Execution Date, if any (Month/Day/Year)</th>
<th>Number of Derivative Securities Acquired (A) or Disposed Of (D) (Instr. 5)</th>
<th>Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>Title and Amount of Derivative Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>Price of Derivative Security (Instr. 5)</th>
<th>Number of Derivative Securities Beneficially Owned Following Report Date (Instr. 3 and 4)</th>
<th>Ownership Form: Direct (D) or Indirect (I) (Instr. 8)</th>
<th>Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$5.96</td>
<td>06/01/2020</td>
<td>M</td>
<td>50,000</td>
<td>(2) 06/26/2027</td>
<td>Common Stock 50,000 $0 (2) 175,000 D</td>
<td>D</td>
<td>X</td>
<td>D</td>
<td>X</td>
</tr>
</tbody>
</table>

Explanation of Responses:
1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. 100% of the shares underlying the option were vested as of May 31, 2020.

Remarks:

/s/ David Bartholomew,  
Attorney-in-Fact  
06/03/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.