FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response. | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Vintz Stephen A | | | | | | 2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] | | | | | | | | eck all applic Directo | pplicable) ector | | Person(s) to Issuer 10% Owner Other (spec | |
|---|---|------------------------------------|---|--|------------------------------|---|--|------------------|--|-------|----------------------|--|--|---|---|--|--|--|
| | NABLE HC | (First) (Middle) LE HOLDINGS, INC. | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 02/21/2023 | | | | | | | | Officer (give title Othe below) below Chief Financial Officer | | | респу |
| (Street) COLUM (City) | IBIA M | THER DRIVE AD State) | 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| , ,, | ` | Ta | (Zip) | n Dor | ivativ | , S | o o uritio | - A | uirod | Die | nocod o | f or Poi | oficially | , Owned | | | | |
| Date | | | | 2. Trar | ransaction | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. | | 4. Securit | ies Acquire | | 5. Amour Securitie Beneficia Owned F | s ally ollowing | Form (D) o | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership |
| | | | | | | | | | Code | v | Amount (A) or (D) | | Price | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) |
| Common Stock | | | | 02/2 | 02/21/2023 | | | | М | | 8,545 | A | \$0 | 175 | 175,602 | | D | |
| Common Stock | | | 02/2 | 02/21/2023 | | | | М | | 8,818 | A | \$0 | 184 | 184,420 | | D | | |
| Common Stock | | | 02/2 | 22/2023 | | | | S ⁽¹⁾ | | 5,616 | D | \$43.62 | 2 178,804 | | | D | | |
| | | | Table II - | | | | | | | | osed of, onvertib | | | Owned | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) | | 3A. Deemed Execution I if any (Month/Day | Date, | 4. Transa Code (8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercis Expiration Dat (Month/Day/Ye | | te of Securities | | ties ig e Security | 8. Price of Derivative Security (Instr. 5) | 9. Numbe derivative Securities Beneficia Owned Following Reported | e Over Section Ove | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisa | able | Expiration Date | Title | Amount or Number of Shares | | Transacti (Instr. 4) | on(s) | | |
| Restricted Stock Units | (2) | 02/21/2023 | | | М | | | 8,545 | (3) | | (3) | Common Stock | 8,545 | \$0 0 | | | D | |
| Restricted Stock Units | (2) | 02/21/2023 | | | M | | | 8,818 | (4) | | (4) | Common Stock | 8,818 | \$0 | 35,27 | 6 | D | |
| Restricted Stock Units | (2) | 02/22/2023 | | | A | | 81,521 | | (5) | | (5) | Common Stock | 81,521 | \$0 | 81,52 | :1 | D | |

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- $2. \ Each \ restricted \ stock \ unit \ ("RSU") \ represents \ a \ contingent \ right \ to \ receive \ one \ share \ of \ Issuer \ common \ stock.$
- 3. 100% of the shares underlying the RSUs were vested as of February 20, 2023.
- 4. 25% of the shares underlying the RSUs vested on February 19, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances
- 5. 25% of the shares underlying the RSUs vest on February 22, 2024, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

02/23/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.