FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	DC	20549
vasimigion,	D.O.	20070

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Thurmond Mark C.						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]								eck all applic	able)	ing Person(s) to Issue 10% Own Other (spe		vner
(Last) C/O TEN	,	rst) LDINGS, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/03/2023								below)	nief Oper	ating	below)	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
6100 MERRIWEATHER DRIVE						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)	BIA M	D :	21044											X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication												
							Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											
		Tab	le I - No	n-Deriv	vativ	e Se	curit	ies Ac	quired	, Dis	posed c	of, or Be	neficial	ly Owned	l			
1. Title of Security (Instr. 3) 2. Transa Date (Month/E				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Ac Disposed Of (D) 5)				Securitie Benefici Owned F	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		n: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount			ınt (A) or Pr		Transact		(111341. 4)	
Common Stock 05/03/					3/202	2023		M		13,102 A		\$ <mark>0</mark>	38	38,954		D		
Common Stock 05/04/2				4/202	/2023		S ⁽¹⁾		6,245 D		\$35.1	8 32	32,709		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, Trans Code			ı of		Expiration	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly Owner Form: Direct or India (I) (Inst	Ownership	Beneficial Ownership oct (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	(2)	05/03/2023			M			13,102	(3)		(3)	Common Stock	13,102	\$0	39,309	9	D	

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 3. 25% of the shares underlying the RSUs vested on February 3, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, 05/05/2023 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.