FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0283							
Estimated average burden							
l 6							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Yoran Amit</u>			2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) (First) (Midd C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE	e)	04	/18/2	2022		`		/Day/Year)			X	President	(give title			1
(Street) COLUMBIA MD 2104 (City) (State) (Zip)	1	- 4. I -	f Ame	endme	nt, Date	of Origina	ıl Filed	d (Month/Da	y/Year)		6. Indiv Line) X	Form fi	loint/Group led by One led by Mor	Repo	rting Perso	n
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day		action	tion 2A. Deemed Execution Date,		3. Transaction Code (Instr. 3, 4 ar				5. Amount of Securities Beneficially Owned Following			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
						Code	v	Amount (A) or (D)		Price	rice Reported Transaction(s) (Instr. 3 and 4)		tion(s)	(s) (4)		(Instr. 4)
Common Stock	04/18	3/2022	2		М		35,000	A	\$4.25		215	5,245		D		
Common Stock	04/18	3/2022	2022			S ⁽¹⁾		15,461	D	\$58.92(2)		199	,784		D	
Common Stock	04/18	3/2022				S ⁽¹⁾		14,394	D	\$59	0.66(3)	185	5,390		D	
Common Stock	04/18	3/2022				S ⁽¹⁾		5,145	D	\$60	.55 ⁽⁴⁾	180),245		D	
Common Stock	04/18	3/2022				S ⁽¹⁾		7,049	D	\$58	3.92(5)	253	,898			By Trust ⁽⁶⁾
Common Stock	04/18	3/2022	2022			S ⁽¹⁾		6,152	D	\$59.65 ⁽⁷⁾		247	7,746			By Trust ⁽⁶⁾
Common Stock	04/18	3/2022	2022			S ⁽¹⁾		1,799	D	\$60	\$60.58 ⁽⁸⁾ 245		5,947			By Trust ⁽⁶⁾
Common Stock											36		361,738		I	By Grantor Retained Annuity Trust ⁽⁹⁾
Table	II - Deriva (e.g.,)							osed of, convertib				wned				
Title of 2. 3. Transaction 3A. Deemed 4. Execution Date Execution Date, Trans		4. Transa Code (5. Number of		6. Date E	S. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		unt 8. D Scrity (I	Perivative derivative security security Security Owned Follow Report Transa	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ive ies cially ing ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
		Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Share	ber					
Employee Stock Option (right to buy) \$4.25 04/18/2022		М			35,000	(10)		01/18/2027	Common Stock	35,0	000	\$0	2,094,5	24	D	

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.33 \$59.32, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3), (4), (5), (7), and (8) to this Form 4.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.33 \$60.30, inclusive.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.33 \$61.03, inclusive.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.35 \$59.34, inclusive.
- 6. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
- 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.35 \$60.34, inclusive.
- 8. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.37 \$61.08, inclusive.
- 9. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 10. 100% of the shares underlying the option were vested as of January 1, 2021.

Attorney-in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.