STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person
Vintz Stephen A
C/O TENABLE HOLDINGS, INC.
6100 MERRIWEATHER DRIVE
COLUMBIA MD 21044

2. Issuer Name and Ticker or Trading Symbol
Tenable Holdings, Inc. [ TENB ]

3. Date of Earliest Transaction (Month/Day/Year)
05/19/2021

4. If Amendment, Date of Original Filed (Month/Day/Year)
05/19/2021

5. Relationship of Reporting Person(s) to Issuer
X Officer (give title below)
Chief Financial Officer

6. Individual or Joint/Group Filing (Check Applicable Line)
X Form filed by One Reporting Person
Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security (Instr. 3)</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Code</th>
<th>V</th>
<th>Amount (A) or Disposed Of (D) (Instr. 4)</th>
<th>Price</th>
<th>4. Securities Acquired (A) or Disposed Of (D) (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>03/01/2021</td>
<td>A</td>
<td>V</td>
<td>A(1)</td>
<td>$19.36</td>
<td>75,795 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/19/2021</td>
<td>M</td>
<td></td>
<td>A</td>
<td>$0</td>
<td>84,613 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>05/20/2021</td>
<td>S(3)</td>
<td></td>
<td>D</td>
<td>$40.35</td>
<td>80,462 D</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Code</th>
<th>V</th>
<th>(A) or (D)</th>
<th>Date Exercisable</th>
<th>Expiration Date</th>
<th>Title</th>
<th>Amount or Number of Shares</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted Stock Units</td>
<td>(3)</td>
<td>05/19/2021</td>
<td>M</td>
<td></td>
<td>D(4)</td>
<td>(4)</td>
<td>(4)</td>
<td>Common Stock</td>
<td>8,818</td>
</tr>
</tbody>
</table>

Explanation of Responses:
1. These shares were acquired under the Issuer's Employee Stock Purchase Plan in transactions that were exempt under both Rule 16b-3(d) and Rule 16b-3(c).
2. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
3. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

4. On February 19, 2021, 25% of the shares underlying the RSUs granted on February 19, 2020 vested, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew,
Attorney-in-Fact
05/21/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.