FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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hours per response	: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
SEAWELL A BROOKE				-	Terrania de mer (121/2)								X Directo	r		10% Ov	vner		
	NABLE HO	LDINGS, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022								Officer below)	Officer (give title below)			specify	
6100 MERRIWEATHER DRIVE						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street)	DIA M	TD.	21044		-								Line	X Form fi	,		orting Perso		
COLUMBIA MD 21044				_									Form fi Persor		e than	One Repoi	ting		
(City)	(S	tate)	(Zip)																
		Tak	ole I - Nor	n-Deri	vativ	e Se	curitie	s Acc	quired,	Dis	posed o	f, or Be	neficial	y Owned					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5)			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	int (A) or (D)		Transact (Instr. 3 a	ction(s)			,iii3u. 4)		
Common Stock 05/25/					25/202	/2022		М		4,962	4,962 A		34,	34,962		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)			oate,		Transaction Code (Instr. 3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			d of g e Security and 4)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		Transacti (Instr. 4)	on(s)			
Restricted Stock Units	(1)	05/25/2022			M			4,962	(2)		(2)	Common Stock	4,962	\$0	0		D		
Restricted Stock Units	(1)	05/25/2022			A		4,044		(3)		(3)	Common Stock	4,044	\$0	4,044	4	D		

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- $2.\ 100\%$ of the shares underlying the RSUs vested on May 25, 2022.
- 3. 100% of the shares underlying the RSUs vest on the earlier of May 25, 2023 or the Issuer's next annual shareholder meeting, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact 05/26/2022

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.