SEC For																		
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISS Washington, D.C. 20549															
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).				ENT OF CHANGES IN BENEFICIAL OWN led pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								RSHIF	Est	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5				
1. Name and Address of Reporting Person* <u>Vintz Stephen A</u>					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Tenable Holdings</u> , Inc. [ TENB ]								5. Relationship of Rep (Check all applicable) Director X Officer (give t			10% Over title Other (s		
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 7021 COLUMBIA GATEWAY DRIVE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 06/01/2020								below) below)     Chief Financial Officer					
(Street) COLUMBIA MD 21046 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								<ul> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>					
		Table	I - No	on-Deriva	tive	Secur	rities Aco	quired	l, Dis	sposed of	, or Be	enefici	ally Ov	ned				
1. Title of Security (Instr. 3) Date (Month/Day/				Year) if any		eemed tion Date, h/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4					For (D)	wnership m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)	Price	Transaction				(		
Common Stock 06/01/20					020			S <sup>(1)</sup>		66,314	D	\$31.9	8 <sup>(2)</sup>	117,335		D		
		Та	ble II							osed of, o				ed				
1. Title of Derivative Security (Instr. 3)     2.     3. Transaction Date     3A. Deemed Execution Date       0 or Exercise Price of Derivative Security     3. M. Deemed Date     3. Transaction Date     1. Title Security			tion Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)			Amount of		8. Price Derivativ Security (Instr. 5)	rivative derivative curity Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownershi (Instr. 4)		

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$31.75 - \$32.09, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.

Date Exercisable Expiration Date

## **Remarks:**

/s/ David Bartholomew,

Attorney-in-Fact

Amount or Number

Shares

of

Title

06/03/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

(A) (D)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.