FORM 4	UNITED STAT	TES SECURITIES AND EXCHANGE COM	IMISS	ION			
		Washington, D.C. 20549	[OMB APPROVAL			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).		T OF CHANGES IN BENEFICIAL OWNE pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	RSHI	P	OMB Number: Estimated avera hours per respon	ige burden	35-0287 0.5
1. Name and Address of Reporting Perso <u>Voran Amit</u>	n*	2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]	(Check a	all applicabl Director		10% Owne	er
(Last) (First) C/O TENABLE HOLDINGS, INC 7021 COLUMBIA GATEWAY DI		3. Date of Earliest Transaction (Month/Day/Year) 05/07/2020	X	Officer (giv below) Presiden	it, CEO and C	Other (spe below) <mark>hairman</mark>	CITY
(Street) COLUMBIA MD (City) (State)	21046 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individ Line) X	Form filed	t/Group Filing (C by One Reportir by More than O	ng Person	
		ative Securities Acquired, Disposed of, or Benefi	cially C	Owned			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Disposed Of		3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	05/07/2020		М		28,467	A	\$4.25	1,435,765	D	
Common Stock	05/07/2020		S ⁽¹⁾		28,467	D	\$27.86 ⁽²⁾	1,407,298	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$4.25	05/07/2020		М			28,467	(3)	01/18/2027	Common Stock	28,467	\$0	2,794,524	D	

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$27.83 - \$27.97, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.

3. 25% of the shares underlying the option vested on January 1, 2018, with the remainder vesting in 12 equal quarterly installments thereafter, subject to the reporting person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

<u>/s/ David Bartholomew,</u> <u>Attorney-in-Fact</u>

** Signature of Reporting Person

Date

05/11/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

SEC Form 4