SEC For	m 4 FORM	Л		D ST4	TES	s se	FCU	IRITIF	S AN	ו חו	ЕХСНА	NGE C	ОММ	ISSION				
		UNITED STATES SECURITIES AND EXCHANGE COM Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					ed pur:	NT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								RSHIP OMB Number: 3235-0 Estimated average burden hours per response:			3235-0287 1 0.5	
1. Name and Address of Reporting Person <sup>*</sup> <u>Yoran Amit</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [ TENB ]								5. Relationship of Reporting Person(s) to Issue (Check all applicable) X Director 10% Own				
(Last)(First)(Middle)C/O TENABLE HOLDINGS, INC.6100 MERRIWEATHER DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 07/14/2021								X Officer (give title Other (specify below) below) President, CEO and Chairman				
(Street) COLUMBIA MD 21044 (City) (State) (Zip)					- 4.1	Line) X Form filed by									iled by On	tt/Group Filing (Check Applicable I by One Reporting Person I by More than One Reporting		
		Tak	ole I - No	on-Deriv	vativ	e Se	curit	ties Ac	auired	. Di	sposed o	f. or Be	neficial	ly Owned				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Y		on 2A. Deemed Execution D		med on Date,	3. Transa Code (	ction	4. Securiti	es Acquirec Of (D) (Instr	i (A) or	5. Amou 5) Securiti Benefic	int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)		ľ	
Common Stock				07/14/2021					М		20,000	A	\$4.2	5 253	3,509		D	
Common Stock				07/14/2021					<b>S</b> <sup>(1)</sup>		37,500	D	\$40.25	<sup>(2)</sup> 21	5,009		D	
Common Stock				07/14/2021		-			S <sup>(1)</sup>		22,500	D	\$40.22	2 <sup>(3)</sup> 42	425,947			By Trust <sup>(4)</sup>
Common Stock														36	361,738		I I	By Grantor Retained Annuity Trust <sup>(5)</sup>
			Table II ·								oosed of, convertil			Owned				
1. Title of Derivative Security (Instr. 3) 22. 3. Transaction Derivative Price of Derivative Security		Execution Date, ) if any		4. Transaction Code (Instr. 8)		n of		6. Date I Expirati (Month/I	on Da		7. Title an of Securit Underlyin Derivative (Instr. 3 an	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$4.25	07/14/2021			М			20,000	(6)		01/18/2027	Common Stock	20,000	\$0	2,419,5	524	D	

## Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.72 - \$40.71, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2) and (3) to this Form 4.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.71 - \$40.70, inclusive.

4. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.

5. The Trustee of the Amit Yoran GRAT A is Amit Yoran.

6. 100% of the shares underlying the option were vested as of January 1, 2021.

**Remarks:** 

## /s/ David Bartholomew, Attorney-in-Fact

\*\* Signature of Reporting Person

07/15/2021

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.