FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CH	ANGES IN	BENEFICIAL	OWNERSHIP

OMB APF	PROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Section	on 30(I	n) of the	investm	ent Co	mpany Ac	or 1940							
1. Name and Address of Reporting Person* Vintz Stephen A				2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE				02/	/17/2	023				/Day/Year)		X Officer (give title Other (specify below) Chief Financial Officer							
(Street) COLUM (City)			21044 (Zip)		, 4. If	f Ame	ndmer	nt, Date	of Origin	al File	d (Month/D	ay/Year)		Line	X Form f	iled by One	e Repo	g (Check Ap orting Perso n One Repo	on
(=19)		<u> </u>		n-Deriv	ative	Sec	curiti	ies Ac	auirea	L Dis	nosed (of or I	Bene	eficial	ly Owned				
1. Title of Security (Instr. 3) 2. Tra			2. Trans	saction 2/ Ex/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		(A) or	5. Amou Securitie Benefici	. Amount of Securities Seneficially Dwned Following		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)		Price	Transac	ransaction(s) Instr. 3 and 4)			(111301. 4)
Common Stock 02/1				02/17	7/2023	2023		M		5,84	5,844 A		\$ <mark>0</mark>	169	169,021		D		
Common Stock 02/2			02/21	/2023			S ⁽¹⁾		1,964 D		D	\$42.8	167,057			D			
		Т	able II -								osed of converti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	Code (Ins		5. Number of		Expirati	6. Date Exercisabl Expiration Date (Month/Day/Year)		Amount of			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or No of	umber					
Restricted Stock	(2)	02/17/2023			M			5,844	(3)		(3)	Commo		5,844	\$0	46,752	2	D	

Explanation of Responses:

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 3. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact 02/22/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.