FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

washington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

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					(Ched	k all applicable)			
		action (N	Month	/Day/Year)		Officer (give tit below)	below	<i>'</i>	
4. If A	Amendment, Date of	f Origina	al Filed	d (Month/Day/	6. Ind Line)	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
on-Derivative	Securities Acc	quired	l, Dis	posed of,	or Bei	neficially	Owned		
2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Disposed Of (D) (Instr. 3,						Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
05/19/2022		M		14,550	A	\$0	97,326	D	
05/20/2022		S ⁽¹⁾		6,280	D	\$47.71	91,046	D	
	2. Iss Ten 3. Da 05/1 4. If A 2. Transaction Date (Month/Day/Year)	2. Issuer Name and Tick Tenable Holdings 3. Date of Earliest Transi 05/19/2022 4. If Amendment, Date of Execution Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year)	2. Issuer Name and Ticker or Tranable Holdings, Inc. 3. Date of Earliest Transaction (I 05/19/2022 4. If Amendment, Date of Original Execution Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Execution Date (Month/Day/Year) 2. Transaction Code (8) Code (95/19/2022) M	2. Issuer Name and Ticker or Trading Tenable Holdings, Inc. [T] 3. Date of Earliest Transaction (Month/05/19/2022 4. If Amendment, Date of Original Filed 2. Transaction Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) 3. Transaction Code (Instr. 8) Code V	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 05/19/2022 4. If Amendment, Date of Original Filed (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year) Code (Instr. 8) Code V Amount 05/19/2022 M 14,550	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 22. Transaction Date (Month/Day/Year) 23. Deemed Execution Date, if any (Month/Day/Year) 24. Deemed Execution Date, if any (Month/Day/Year) 25. Transaction Code (Instr. 8) 26. Code V Amount (A) or (D)	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or Disposed Of (D)	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 05/19/2022 4. If Amendment, Date of Original Filed (Month/Day/Year) 2. Transaction Date Execution Date (Month/Day/Year) 2. Transaction Code (Instr. 8) 3. Transaction (Month/Day/Year) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or Disposed Of (D) (Instr. 3, 4 and 5) Code V Amount (A) or Disposed Of (D) (Instr. 3, 4 and 4) O5/19/2022 M 14,550 A \$0 97,326	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB] 3. Date of Earliest Transaction (Month/Day/Year) 05/19/2022 4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Relationship of Reporting Person(s) to Is (Check all applicable) X Director 10% (X Officer (give title below) President, CEO and Chairm 6. Individual or Joint/Group Filing (Check All Line) X Form filed by One Reporting Person 7. Form filed by More than One Reporting Person 8. Form filed by More than One Reporting Person 7. Form filed by More than One Reporting Person 8. Ownership Form: Direct (D) or Indirect (D) or Indir

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Common Stock	05/19/2022		M	14,550	A	\$0	97,326	D	
Common Stock	05/20/2022		S ⁽¹⁾	6,280	D	\$47.71	91,046	D	
Common Stock	05/20/2022		M	13,244	A	\$0	104,290	D	
Common Stock	05/20/2022		M	8,600	A	\$4.25	112,890	D	
Common Stock	05/20/2022		S ⁽²⁾	8,500	D	\$48.14 ⁽³⁾	104,390	D	
Common Stock	05/20/2022		S ⁽²⁾	100	D	\$48.58	104,290	D	
Common Stock	05/23/2022		S ⁽¹⁾	5,911	D	\$47.85	98,379	D	
Common Stock							361,738	I	By Grantor Retained Annuity Trust ⁽⁴⁾
Common Stock							245,947	I	By Trust ⁽⁵⁾
Common Stock							179,700	I	By Grantor Retained Annuity Trust ⁽⁶⁾

Table II - Derivative Sec	urities Acquired, Dispose	d of, or Beneficially Owned
(e.g., puts, call	s, warrants, options, conv	vertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I	vative urities uired or oosed O) (Instr. and 5)	6. Date Exerc Expiration Day/\(\text{Month/Day/\(\text{\chi}\)}\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(7)	05/19/2022		M			14,550	(8)	(8)	Common Stock	14,550	\$0	101,853	D	
Restricted Stock Units	(7)	05/20/2022		М			13,244	(9)	(9)	Common Stock	13,244	\$0	39,732	D	
Employee Stock Option (right to buy)	\$4.25	05/20/2022		М			8,600	(10)	01/18/2027	Common Stock	8,600	\$0	2,008,055	D	

Explanation of Responses:

^{1.} The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.

^{2.} The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$47.58 \$48.50, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (3) and (4) to this Form 4.
- 4. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
- 6. The Trustee of the Amit Yoran GRAT B is Amit Yoran.
- 7. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
- 8. 25% of the shares underlying the RSUs vested on February 19, 2021, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances
- 9. On February 20, 2020, 25% of the shares underlying the RSUs granted on February 20, 2019 vested, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to acceleration in specified circumstances.
- 10. 100% of the shares underlying the option were vested as of January 1, 2021.

Remarks:

/s/ David Bartholomew, 05/23/2022 Attorney-in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.