FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours nor response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Yoran Amit					2. I Te	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									neck all appli X Direct Office	cable) or (give title			vner
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/17/2022									X Officer (give tide below) President, CEO and Chairman					
(Street) COLUMBIA MD 21044				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									dividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S1		(Zip)	n Davis		tive Securities Acquired, Disposed of, or Benefic										.J			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				action	2A. Deemed Execution Date,		3. 4. Sec Transaction Dispo Code (Instr. 5)			ties A	Acquired D) (Instr.	(A) or	or 5. Amount of			: Direct r Indirect	7. Nature of Indirect Beneficial		
							(Month/Day/Year)		Code	v	Amount		(A) or (D)	Price	Reporte Transac	Reported Transaction(s) (Instr. 3 and 4)			Ownership (Instr. 4)
Common	Stock			05/17/2022		2			М		10,689		Α	\$0	87	7,703		D	
Common	Stock			05/18	05/18/2022				S ⁽¹⁾		4,927	7	D	\$43.	35 82	2,776	D		
Common Stock															36	1,738		I	By Grantor Retained Annuity Trust ⁽²⁾
Common Stock														24	5,947			By Trust ⁽³⁾	
Common Stock														17	179,700		I	By Grantor Retained Annuity Trust ⁽⁴⁾	
		-	Гable II -								osed of				/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any	Deemed 4. cution Date, Transactio			5. Number 6		6. Date E Expiratio	6. Date Exercisab Expiration Date Month/Day/Year)		7. T of S Und Der	7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	ve es ially ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	1	mount r lumber f hares					
Restricted Stock Units	(5)	05/17/2022			M			10,689	(6)		(6)		nmon tock	.0,689	\$0	117,58	39	D	

- 1. The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
- 2. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 3. The Trustees of the Amit Yoran 2020 Family Trust are Doy Yoran and David Redling.
- 4. The Trustee of the Amit Yoran GRAT B is Amit Yoran.
- 5. Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.

6. 25% of the shares underlying the RSUs vested on February 17, 2022, with the remainder vesting in equal quarterly installments over 3 years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

05/19/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.