SEC For	m 4 FORM	4	UNITE	D STA	TESS	SECURITIE	S AN	ID E	EXCHAI	NGE C	OMMI	SSION				
						Washington, D.C. 20549								OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					d pursua	F CHANGE nt to Section 16(a) ction 30(h) of the I) of the S	Securi	ties Exchan	ge Act of 1		SHIP	Estim	8 Number: nated average bur s per response:	3235-0287 den 0.5	
1. Name and Address of Reporting Person* <u>Yoran Amit</u>						2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]						eck all applic X Directo	able) r	10% Owner		
	(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 7021 COLUMBIA GATEWAY DRIVE, SUITE 5					3. Date of Earliest Transaction (Month/Day/Year) 05/20/2020							X Officer (give title Other (specify below) below) President, CEO and Chairman			
(Street) COLUMBIA MD 21046					4. If Ar	 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 							son			
(City) (State) (Zip)																
		Tab	le I - No	on-Deriv	ative S	Securities Acc	quired	l, Dis	sposed o	f, or Be	neficial	ly Owned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution Date,		Transaction Code (Instr.		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(A) or (D)	Price	Turneration((Instr. 4)	
Common Stock 05/20					2020		М		13,243	A	\$0 ⁽¹⁾	1,42	0,541	D		
Common Stock 05/20				05/20/	2020		S ⁽²⁾		1,939	D	\$30.17	(3) 1,41	8,602	D		
Common Stock 05/21/2					2020)20			6,070	D	\$29.1	8 1,41	2,532	D		
		٦	Fable II -			curities Acqu Ills, warrants,						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		Date, Transaction Code (Instr		on of	6. Date Exercis Expiration Date (Month/Day/Ye		te	e and 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ownersh s Form: ally Direct (D or Indire g (I) (Instr. ion(s)	Beneficial) Ownership ct (Instr. 4)		

The sale reported on this Form 4 represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. The sale occurred automatically to satisfy the tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary trade by the Reporting Person.
 25% of the shares underlying the RSUs granted on February 20, 2019, vested on May 20, 2020, and the remainder vest in equal quarterly installments over three years, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to acceleration in specified circumstances.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$30.17 - \$30.18, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set

Date

Exercisable

(5)

Remarks:

Restricted

(1)

Explanation of Responses:

forth in footnote (3) to this Form 4.

05/20/2020

Stock Units

> <u>/s/ David Bartholomew</u>, Attorney-in-Fact

Amount or Number

Shares

13,243

\$<mark>0</mark>

of

Expiration Date

(5)

Title

Common

Stock

05/22/2020

145,677

D

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Each restricted stock unit ("RSU") represents a contingent right to receive one share of Issuer common stock.
 The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

Μ

(A) (D)

13,243

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.