## FORM 4

**United States Securities and Exchange Commission**

Washington, D.C. 20549

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

---

### 1. Name and Address of Reporting Person

**Riddick Stephen A**

C/O TENABLE HOLDINGS, INC.

6100 MERRIWEATHER DRIVE

COLUMBIA MD 21204

### 2. Issuer Name and Ticker or Trading Symbol

**Tenable Holdings, Inc.** [ TENB ]

### 3. Date of Earliest Transaction (Month/Day/Year)

06/01/2021

### 4. If Amendment, Date of Original Filed (Month/Day/Year)

06/01/2021

### 5. Relationship of Reporting Person(s) to Issuer

- **Director**
- **10% Owner**
- **General Counsel & Secretary**

### 6. Individual or Joint/Group Filing (Check Applicable Line)

- X Form filed by One Reporting Person
- * Form filed by More than One Reporting Person

---

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security (Instr. 3)</th>
<th>2. Transaction Date (Month/Day/Year)</th>
<th>3A. Deemed Execution Date, if any (Month/Day/Year)</th>
<th>3. Transaction Code (Instr. 8)</th>
<th>4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)</th>
<th>5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>7. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>06/01/2021</td>
<td>M</td>
<td></td>
<td>A</td>
<td>$16.21</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>06/01/2021</td>
<td>S(1)</td>
<td></td>
<td>2,420</td>
<td>27,489</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security</th>
<th>3. Transaction Date (Month/Day/Year)</th>
<th>3A. Deemed Execution Date, if any (Month/Day/Year)</th>
<th>4. Transaction Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$16.21</td>
<td>06/01/2021</td>
<td>M</td>
<td></td>
<td>(2)</td>
<td>06/21/2028</td>
<td>Common Stock</td>
<td>2,420</td>
<td>0</td>
<td>89,542</td>
<td>D</td>
</tr>
</tbody>
</table>

### Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. 25% of the shares underlying the option vest in equal monthly installments over the twelve-month period beginning on the second anniversary of June 21, 2018, and ending on the third anniversary, with the remainder vesting monthly over the twelve-month period thereafter, subject to the reporting person’s continuous service with the Issuer as of each vesting date, and subject to accelerated vesting in specified circumstances.

### Remarks:

**/s/ David Bartholomew, Attorney-in-Fact**

**06/02/2021**

**Signature of Reporting Person**

---

*If the form is filed by more than one reporting person, see Instruction 4 (b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.