FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Yoran Amit						2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]								Check a	all applic Directo	able)	10% Ov		vner		
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 7021 COLUMBIA GATEWAY DRIVE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 07/13/2020								X	below)	-	O and	below)	·		
(Street)	Street) COLUMBIA MD 21046					4. If Amendment, Date of Original Filed (Month/Day/Year)									vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate)	(Zip)	o)												Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)) E r) if	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			and 5) Securi Benefic Owned		ies :ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
										v	Amount	(A) or (D)	Price	1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock				07/13/2020					M		4,660	A	\$4.2	\$4.25 1,3		.9,131		D			
Common Stock					07/13/2020				S ⁽¹⁾		4,660	D	\$29.4	\$29.42 ⁽²⁾ 1,31		4,471	,471				
Common Stock 0					/2020				M		10,240	A	\$4.2	\$4.25 1,32		4,711		D			
Common Stock 07/13/					3/2020	2020					10,240	D	\$30.7	78 ⁽³⁾ 1,31 ⁴		4,471		D			
Common Stock 07/13/2					3/2020	2020					100	A	\$4.2	.25 1,314		4,571		D			
Common Stock 07/13/2						2020			S ⁽¹⁾		100	D	\$31.19		1,314,471			D			
Common Stock 07/1				07/13	3/2020	′2020					13,579	D	\$30.7	\$30.79 ⁽⁴⁾ 1,30		0,892		D			
		-	Гable II -								osed of, convertil				ned						
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any			Date,	4. Transactio Code (Inst 8)		on of		6. Date Exercis Expiration Date (Month/Day/Ye		te	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		Der Sec	Price of ivative curity str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	is lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amoun or Numbe of Shares	r							
Employee Stock Option (right to buy)	\$4.25	07/13/2020			М	M 4,660		(5)		01/18/2027	Common Stock	4,660	\$60 \$0		2,759,864		D				
Employee Stock Option (right to buy)	\$4,25	07/13/2020			М			10,240	(5)		01/18/2027	Common Stock	10,24	0	\$0	2,749,62	24	D			

Explanation of Responses:

\$4.25

- $1. \ The \ sales \ reported \ in \ this \ Form \ 4 \ were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan \ adopted \ by \ the \ Reporting \ Person.$
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$29.11 \$30.10, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.

(5)

100

01/18/2027

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$30.16 - \$31.12, inclusive.

M

- $4. \ The price reported in Column \ 4 \ is a weighted average price. These shares were sold in multiple transactions at prices ranging from \ 30.17 \ \$31.16, inclusive.
- 5. 25% of the shares underlying the option vested on January 1, 2018, with the remainder vesting in 12 equal quarterly installments thereafter, subject to the reporting person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances

Remarks:

Employee Stock Option

(right to buy)

> /s/ David Bartholomew, Attorney-in-Fact

07/15/2020

2,749,524

D

** Signature of Reporting Person

100

Stock

\$<mark>0</mark>

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

07/13/2020

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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