FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFIC	IAL OWNERS	HIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Huffard John C Jr				2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]									k all app Dired	olicable) ctor		Owner		
	ABLE HC	LDINGS, INC.	(Middle)	ITEL FOO	3. Date of Earliest Transa 07/03/2019				saction (Month/Day/Year)						belov	er (give title w)	below	(specify)
7021 COLUMBIA GATEWAY DRIVE, SUITE 500			TTE 500	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)	BIA M	D 2	21046											X		n filed by Mor	e Reporting Pers re than One Rep	
(City)	(S	tate) ((Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)		Date	te E onth/Day/Year) it		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			and 5) Secur Benef Owne		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) o	r Pric	e		ted action(s) 3 and 4)		(Instr. 4)
Common Stock 0			07/03/	2019				S ⁽¹⁾		415	D	\$2	8.79 ⁽²⁾	5	52,442	I	By Spouse	
Common Stock 07/03/			2019	019			S ⁽¹⁾		2,685	D	\$2	\$28.79(2)		23,338	I	By Trust ⁽³⁾		
Common	Stock															2,173	D	
Common Stock												294,982	I	By Trust ⁽⁴⁾				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Security Conversion or Exercise (Month/Day/Year) Execution Date, if any					ransaction code (Instr.)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerc ion Da Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Deriv Secu (Insti	vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Shares	er				

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected by the Reporting Person's spouse and Mary Kathryn Braden Huffard and Jonathan M. Forster, as Trustees of The Three Suns Non-Exempt Irrevocable Trust U/T/A dated March 2, 2012, as applicable, pursuant to Rule 10b5-1 trading plans.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.64 to \$28.88 inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote to this Form 4.
- 3. Mary Kathryn Braden Huffard and Jonathan M. Forster, as Trustees of The Three Suns Non-Exempt Irrevocable Trust U/T/A dated March 2, 2012. The Reporting Person's spouse and children are the beneficiaries of this trust
- 4. Mary Kathryn Braden Huffard and Jonathan M. Forster, as Trustees of The Three Suns Exempt Irrevocable Trust U/T/A dated March 2, 2012. The Reporting Person's spouse and children are the beneficiaries of this trust.

Remarks:

/s/ Brian F. Leaf, Attorney-in-Fact

07/08/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.