FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPR	OVAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Yoran Amit					<u>Te</u>	2. Issuer Name and Ticker or Trading Symbol Tenable Holdings, Inc. [TENB]								heck all a	applicat rector fficer (g	10% Ov (give title Other (s		ner	
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. 6100 MERRIWEATHER DRIVE				12/	3. Date of Earliest Transaction (Month/Day/Year) 12/14/2021									President, CEO and Chairman					
(Street) COLUMBIA MD 21044				4.1									ne) X Fo	,					
(City) (State) (Zip)					<u></u>								<u>.</u>						
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				ction	2A Ex ur) if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securiti Transaction Code (Instr.			of, or Beneficially ies Acquired (A) or Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code V Amour		Amount	(A) or (D)	Price	Tra	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock			12/14/2021					M		20,000	A	\$4.2	5	196,3	6,318		D		
Common Stock				12/14/2021					S ⁽¹⁾		14,217	D	\$46.9	\$46.99(2)		2,101		D	
Common Stock			12/14/2021					S ⁽¹⁾		23,183	D	\$47.6	5 ⁽³⁾	158,9	58,918		D		
Common Stock 12/1				12/14/	/2021				S ⁽¹⁾		100	D \$48.31		31	158,818			D	
Common Stock 12/14/				2021				S ⁽¹⁾		8,694	D	\$46.9	9 ⁽⁴⁾	327,2	7,253			By Trust ⁽⁵⁾	
Common Stock 12/14/2				2021				S ⁽¹⁾		13,806	D	\$47.6	5 ⁽³⁾	313,447				By Trust ⁽⁵⁾	
Common Stock												36		61,738		I I	By Grantor Retained Annuity Trust ⁽⁶⁾		
		-	Table II -								osed of, convertil			y Own	ed				
Derivative Security (Instr. 3)	2. 3. Transaction Conversion Date Sxecution Date, Trans		ransa Code (I	nsaction of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	Derivative Security		. Number lerivative Securities Beneficiall Dwned Following Reported Transactio Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4		Beneficial Ownership ct (Instr. 4)			
				c	Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (right to buy)	\$4.25	12/14/2021			М			20,000	(7)		01/18/2027	Common Stock	20,000	\$0	\$0 2,319,5.		24 D		

Explanation of Responses:

- $1. \ The sales \ reported in this Form \ 4 \ were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan \ adopted \ by \ the \ Reporting \ Person.$
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$46.31 \$47.30, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.
- $3. \ The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $47.31 $48.10, inclusive.$
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$46.31 \$47.28, inclusive.
- 5. The Trustees of the Amit Yoran 2020 Family Trust are Dov Yoran and David Redling.
- 6. The Trustee of the Amit Yoran GRAT A is Amit Yoran.
- 7. 100% of the shares underlying the option were vested as of January 1, 2021.

Remarks:

/s/ David Bartholomew, Attorney-in-Fact

12/16/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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